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WINNING
TRAVEL
HOT, HAPPENING
& HERE

THE
CHECKLIST
20+ TRAVEL BEAUTY
ESSENTIALS

BEST BEACH
FASHION

CHIC
ESCAPE
UPGRADE
YOUR VACATION
WARDROBE

HAUTE
HOTELS
THE SEXIEST
ROOMS IN
THE WORLD

MY HOLIDAY
RULES
DESIGNER TIPS TO
TRAVEL IN STYLE



TIPS to MAKE Your Home Feel Like a Sanctuary

Written by Kate Loukes

Do you want to create a retreat in your own home? RETREAT asked Interior Designer and owner of Jodi G Designs, Jodi Goldberg, tips to make your home welcoming, comforting, rejuvenating and calming.

COLOR

Let your travels inspire you. Don't be afraid to use bold, mixed prints. Color helps to create a feeling in a space and can be used to create flow from room to room. Create a core palette and pull out select tones to create dynamics in a space—that could be a bold painting, a favorite colorful blanket, bright books or patterned frames. Color affects our mood, so select colors that create the feeling you want to cultivate in your space.

TEXTURE

Choose fabrics and furniture that inspire you and have meaning. Layering textures in a room helps to add depth and character. Texture helps a space come together organically, making it look interesting and not contrived. Use natural elements like driftwood, woven grass and natural linen.



MEANINGFUL OBJECTS

Use meaningful objects in your space to help it become a truly authentic reflection of you. Collect unique objects throughout your travels, choose unique objects, artwork, and tapestries and use them intentionally in your interiors and garden. These storied objects will elevate the feeling and purpose of a space by peppering it with loving memories of an adventure, a friend, a discovery.



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CHILL ZONES

Create areas that you want to curl up with your tea, places that make you feel happy. Home is a place to decompress, come back to yourself. It's a place to gather with those you love. Create a space that invites relaxation and ease. That picture is different for everyone. For some, it's creating a meditative space, for others, it's creating a gathering space outdoors to eat, dance, laugh and play music.



FLOW

Create spaces that allow for flow from room to room. I'm a big picture designer. I like to see the whole place. I'm extremely detail oriented. For example, each thing is a vignette. I want to make the space unbelievably practical and beautiful. Listen to your needs and tune into what you want to feel like when you are in your space.

